



FOR IMMEDIATE RELEASE – March 5, 2007

**BANFF SKIERS TOP PODIUM IN HINTON
Alberta Cup Dominated by Banff Ski Runners**

With top Banff Ski Runners athlete, Haakon Lenes, already departed for World Junior Championships in Italy, and Michaela Howie, Graeme Killick and Evan Bruce at Canada Winter Games in the Yukon, the strong finishes of Banff Ski Runners athletes at the Alberta Cup in Hinton, AB on March 3 and 4, 2007 truly illustrate the depth of the club.

Athletes in Atom and Master 5-6 stood atop the podium in Hinton over the two day event. Saturday's classic sprint featured wins by Eric Groeneveld, Hillary Schrama, Zack Holland, and two Master athletes, John Groeneveld and Doug Gudwer. Eric Groeneveld said it was truly special to win a gold medal in the same event as his father. Alastair Duncan, a Scot training with Banff Ski Runners, also had a season-best result of 3rd.

Sunday's skate distance events highlighted the skills of Banff Ski Runners athletes. With seven gold medals and a total of nine medals, including a sweep of the podium in the Junior Boy category, Banff Ski Runners put a stamp of ownership on the event. Across the weekend events, Banff Ski Runners won twelve gold medals, three silver, and three bronze, with only nineteen athletes racing.

Banff Ski Runners are a Bow Valley cross-country ski club with a focused racing program. The club will be heading to Mont-Sainte-Anne, Quebec on March 15 to represent the Bow Valley at National Cross Country Ski Championships.

###

For more information or to arrange an interview, please contact Magi Scallion at 403-688-2453 or info@banffskirunners.net

More information available online at www.banffskirunners.net/pr5mar2007.pdf